

0.0	Start	NW 21th Ave and NW Raleigh St
	East	NW Raleigh St
0.2	Left	NW 19th Ave
0.4	Left	NW Vaughn St
0.6	Right	NW 21st Ave
	Left	NW Reed St
	Cross	NW 22 nd Ave
	Right	NW 22 nd Place

1.0	Left	NW Nicolai St
	Cross	NW 23 rd Ave
1.7	Left	NW 29 th Ave
2.0	Turns to	NW Vaughn St
	Right	NW 25 th Ave
2.5	Left	NW Pettygrove St
	Left	NW 21 st Ave
3.0	Finish	NW Raleigh St

CNF North 03A

- Courtesy of Running**
- Run on the left side of the road
 - Run against traffic on one ways
 - Run on the right side of bridges, walkways & paths
 - When passing say "On your left"
 - Use "Car Back" and "Car Up"
 - Be aware of your surroundings
 - Stay Safe & Have Fun

