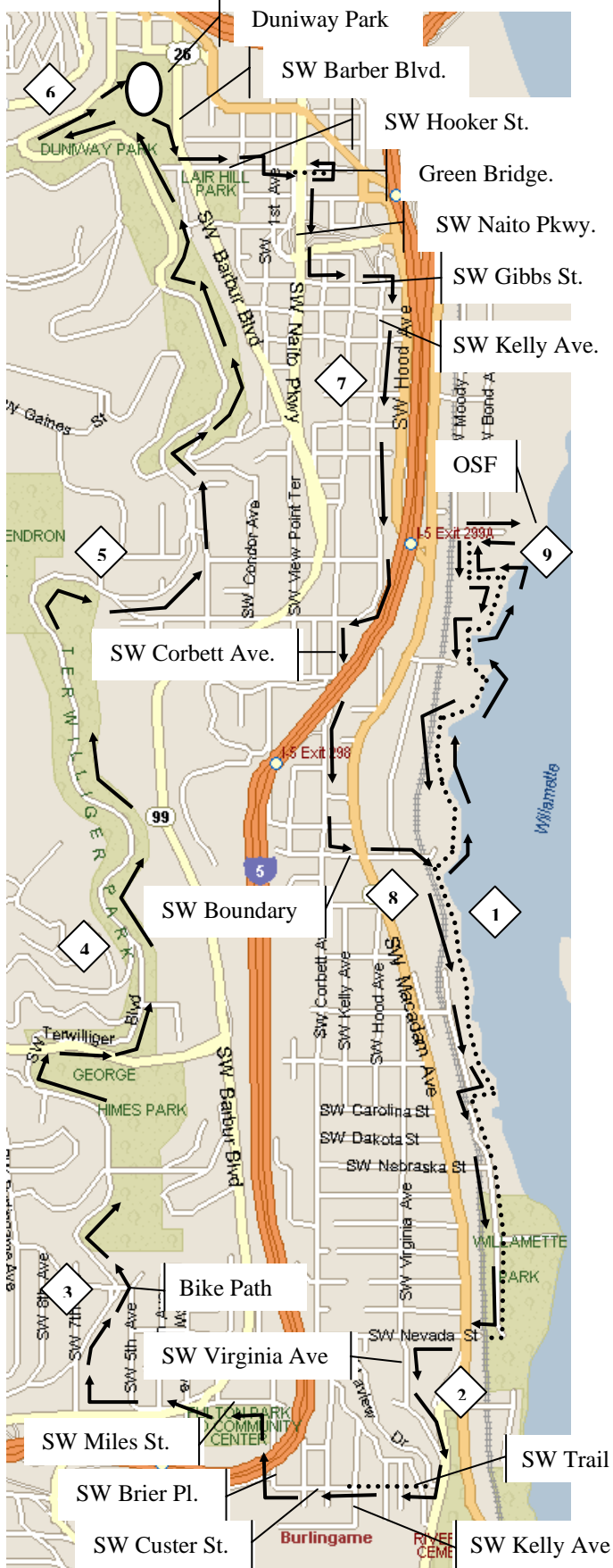


Old Spaghetti Factory – TwilligerWest10A Route



- | | |
|----------|---|
| Start | OSF East Parking lot - SE entrance |
| Right | SW Bancroft Ave. |
| Left | Bike Path |
| Left | On Sidewalk to Bike Path |
| Right | Bike Path to Williamette River edge |
| Follow | Bike path to Williamette Park |
| Follow | Park road to South Utility Bldg. |
| Right | Past Utility Bldg. |
| Cross | Trolley tracks (BE CAREFUL!) |
| Cross | SW Macadam Ave |
| Straight | SW Nevada St. |
| Left | SW Virginia Ave. |
| Right | SW Taylors Ferry Road (Right side) |
| Right | SW Trail #4 (up the stairs) |
| Cross | SW Kelly Ave. |
| Straight | SW Custer St. |
| Right | SW Brier Pl. |
| Left | SW Miles St |
| Cross | SW Barbur Blvd. (to west side) |
| Left | SW Barbur Blvd. |
| Right | SW Twilliger Blvd. (stay on right side) |
| Follow | Bike path at SW Chestnut St. |
| Follow | SW Twilliger Blvd. |
| Right | SW Sam Jackson Park Rd. |
| Right | Onto path leading to paved track |
| Right | Onto the Duniway Park Track |
| Right | Take sidewalk past YMCA |
| Right | SW Barbur Blvd |
| Left | SW Hooker St. (cross at YMCA light) |
| Straight | Green Crosswalk Bridge |
| Left 180 | SW Hooker St. |
| Left | SW Gibbs St |
| Right | SW Kelly Ave. |
| Right | SW Hamilton St |
| Left | SW Corbett Ave |
| Left | SW Boundary St. |
| Straight | Cross SW Macadam Ave |
| Straight | SW Landing Sq. |
| Right | Cross Trolley Tracks |
| Left | Bike Path "Y" at Trolley Trestle |
| Left | On Sidewalk |
| Right | On Bike Path |
| Right | SW Bancroft Ave. |
| Finish | OSF East Parking lot - SW entrance |

Courtesy of Running

- Run on the left side of the road
- Run on the right side of bridges, walkways & paths
- When passing say "On your left"
- Use "Car Back" and "Car Up"
- Be aware of your surroundings
- Stay Safe
- Have Fun